

Whinstone Times

Community magazine for Embleton and Christon Bank



November- December 2015

50p where sold

Edition No. 40

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With leaves falling and the clock going back, thoughts inevitably turn to winter. After several winters when even small amounts of snow, plus a lack of gritting on many minor roads, made driving quite challenging our family decided last year to try winter tyres and what a difference they made, not only in snowy conditions but also when it was cold and wet. They are made from rubber that stays more flexible at low temperatures and have more tread giving much shorter stopping distances and easier handling. They perform better than normal tyres when the temperature drops below 7C. Check them out at 'Winter Tyres v. Summer Tyres: the Truth' on youtube.com. The initial cost seems high but then you have two sets to wear out before you need to replace them. SJM Tyres in Alnwick, at least at the moment, will keep the not-in-use set for no charge. With luck, the winter will be warm, but there's nothing like being prepared!

As always, many thanks to everyone for their support for the WT.

Please send material for the next edition by Tuesday 1st December to:

Mary Kibble marykibble@talktalk.net, 01665 576608 (articles, stories etc.)

Jan Ainsley {jan.ainsley@yahoo.com} tel 01665 576019 (advertising)

Shelagh Coxon tel 01665 576791 ('What's On')

Please note that we are no longer using the whintimes@yahoo.co.uk e-mail

Useful Telephone Numbers

Emergencies - Police, Fire, Ambulance, Coastguard	999
Police (non-emergency)	101
Childline	0800 1111
Crimestoppers	0800 555 111
NHS non-emergency care	111
Northumberland County Council County Hall	01665 600733
Northumbria Healthcare NHS Foundation Trust	0344 811 8111
Samaritans	0845 790 9090
Silverline (advice for older people)	0800 470 8090
Traveline	0871 200 2233
C.A.B. Northumberland Adviceline Mon - Fri 10 a.m. - 4 p.m.	08444 111

What's On in November

- Tuesday 3rd** Women's Club - Christmas Workshop with Joan Ford & Sheila Graham. 2.00 p.m. Creighton Hall.
- Thursday 5th** Craster W.I. - Annual meeting with W.I. adviser. 7.15 p.m. Memorial Hall.
- Thursday 5th** Bonfire at Rock Village 6.00 p.m., fireworks at 6.30 p.m.
Entry - Adults £3, children £1. Refreshments available.
- Thursday 5th** Embleton Bonfire & fireworks, 6pm, field next to playpark.
- Friday 6th** Howick film night. Call John Roper on 576413 for details.
- Saturday 7th** Table top sale in aid of the Creighton Hall. 10.30 - 12 noon.
Tables £10 - book with Shelagh Coxon 01665 576791.
- Saturday 7th** Craster annual Coffee Morning for Cancer Charities. 10.00 - noon. Stalls include cakes, tombola, bric-a-brac, books and a raffle. All donations to Doris Clarke 01665 576479.
- Monday 9th** Blink Bonny Quiz Night. 8.00 p.m.
- Monday 9th** Embleton Flower Club - Christmas demo with Sean Murray (Chelsea Flower Show) - 'Emerald Forest Christmas'. 7.30 p.m. Creighton Hall. Members free, visitors £5.
- Tuesday 10th** Embleton W.I. - a workshop on "Kusadame Flowers". 2.00 p.m. Creighton Hall, Embleton.
- Tuesday 10th** Broadband meeting.
- Wednesday 11th** Mothers' Union - Judy Weston demonstrating Brass Rubbing. 2.00 p.m. Parish Church Room.
- Saturday 14th** 'Quiz Night with a Difference' Blacksmith's Hall, Rock.
7p.m. Tkts £6 includes pie & peas. Bring own drink. 07971 096612.
- Monday 16th** Craster Local History Soc. - A.G.M. 7.00 p.m. Memorial Hall.
- Wednesday 25th** North Sunderland Local Hist. Soc. - Andy Griffin - "The Delavals - the rise and fall of an illustrious family". 7.00 p.m. St. Paul's Church Hall.
- Friday 27th** Christmas Prize Bingo, Rennington Village Hall. Eyes down 7.30 p.m. All welcome.
- Friday 27th** Howick Film Night. Call John Roper on 576413 for details.
- Saturday 28th** Children's Advent & Christmas Workshop. See page 5.
- Saturday 28th** Embleton Guides Christmas Bingo at the Creighton Hall, Embleton. Eyes down at 7.30 p.m.

What's On in December

Tuesday 1st Women's Club - Christmas Lunch.

Thursday 3rd Craster W.I. - Christmas Party with Ernie Coe and Avril Huntley. 7.15 p.m. Memorial Hall.

Saturday 5th Embleton Football Club Christmas Bingo. Creighton Hall - eyes down 7.30 p.m.

Tuesday 8th Embleton W.I. - Christmas meeting. 2.00 p.m. Parish Church Room, Embleton

Wednesday 9th Mothers' Union - Advent thoughts. 2.00 p.m. @ 29 Woodstead.

Thursday 10th Embleton Flower Club Christmas meal at The Apple Inn.

Saturday 12th Creighton Hall Christmas Bingo. Eyes down 7.30 p.m.

Sunday 13th Howick Film Night. Call John Roper on 576413 for details.

Monday 14th Embleton Flower Club Christmas Workshop with Sandra Dickenson. 7.30 p.m. Creighton Hall. Members free, visitors £10. Full details from Shelagh Coxon 576791.

Monday 14th Blink Bonny Quiz Night. 8.00 p.m.

Saturday 19th Embleton Cricket Bingo. Creighton Hall-eyes down 7.30 pm

Children's Advent and Christmas Workshop

Saturday 28th November 2.00 - 3.30 p.m.

Parish Church Room

A fun afternoon of Advent and Christmas Crafts, Cooking and Singing.

£2.00 per child, including refreshments

(Pre-school children welcome with an adult)

Details/Booking from Lizzie Harratt Tel:576660

email: philipharratt@mypostoffice.co.uk

100 Club

September	£40	Margaret Fenning	No.22
	£20	Shirley Turnbull	No.89
October	£40	Mr Brown, Belford	No.21
	£20	Adaline Jones	No. 12

Embleton Carpet Bowls

John F Wallis

We now have completed 6 sessions of practise evenings and, boy, are some of us in need of that practise.

We were scheduled to play a match against Lesbury during September but, due to double booking on their part, this match did not take place.

At present we have a membership of 18, having lost a member from our previous season, but are hopeful that 3 new members may join us soon.

In October we were scheduled to play Rennington at home, which unfortunately we have had to cancel as only 6 of us are available, through holiday, grandparent duties and other commitments, on the planned evening.

Our October schedule includes matches at home against Denwick and Newton-on-the-Moor and during November we have matches away against Lesbury, Warkworth and Bamburgh and a home match against Glanton, so we hope that our practise sessions will have proved fruitful.

Blink Bonny

The quiz nights in August and September raised £125 for the residents of The Grange, Rennington and £96 for Alexa's Animals respectively. Thanks to all who took part.

Vincent Edwards, Embleton - an Eco-School

Class 1 teacher, Ami Varty, has been working with the children to encourage green thinking and work towards an Eco-school award. Pupils on the school council decided that they wanted to focus on litter and waste, along with conserving energy and water at school & at home. Children, parents & teachers walked to Embleton Beach on Friday 9th October for a beach clean and litter-pick with National Trust Warden, Jane Lancaster. Embleton pupils will also be planting edible hedging along the new wooden fence in Embleton playpark in November - date to be confirmed.

Many thanks to the school for supplying the photograph of the children carrying out the litter pick on Embleton beach for the front cover.

Save Embleton School Campaign:

The campaign to Save Embleton School gathered pace as we neared the end of the consultation on 22nd October 2015.

Thank you to everyone who helped by writing letters and emails of support - the overwhelming feedback from County Councillors, Council officers, the Diocese & our MP was that our village communities had risen up in response to this threat and had been united in their support for Vincent Edwards remaining open as a viable primary school.

This last phase of our campaign focused on presenting a strong educational case for primary provision at Embleton School. The community & parent group also published a school/village profile to further inform Councillors from the NCC Scrutiny & Cabinet Committees about our school's viability & sustainable location.

A delegation of voting Councillors visited Embleton School on Monday 28th September and were extremely impressed by the school's strong leadership, quality of teaching, behaviour of the pupils, excellent facilities and accessible site.

Copies of the village profile, called "Vincent Edwards C of E School, A Viable Primary School in a Sustainable Location" can be found at Mandell's Coffee Pot, Dunstanburgh Castle Hotel and Embleton Surgery.

A new proposal, based upon the findings of the latest consultation, will be written by the NCC Education Board shortly after 22nd October 2015.

Elected Councillors from the NCC Scrutiny Committee will look at this latest proposal on Monday 9th November 2015 and make recommendations to the Cabinet Committee.

Cabinet Committee will then have the final vote on Tuesday 10th November 2015.

Can People with Dementia Really Write Stories? - Study Visit to USA/Canada proves YES! - part 1

Romi Jones

Having worked as writer in residence with NHS Dementia Services in Newcastle, I jumped at the opportunity to apply for a Winston Churchill Memorial Trust Fellowship to learn more from experts in the USA and Canada. It was quite a surprise to be selected and now, having visited New York, Vancouver, Milwaukee and Nova Scotia, I am still shocked that I

managed the entire trip without missing any planes, getting mugged, getting sick or committing any terrible social gaffs.

What I saw was so encouraging: a variety of creative activities with older people with dementia which resulted in improved communication, increased calm, reduced isolation and an ability to express their own true spirit. At a time when the issues of an ageing population and the cost of dementia care often result in negative headlines, the results of my study visit challenged common assumptions and attitudes that label older people as problematic. On the contrary, I learnt as much from the older people with dementia as I did from the professionals. I loved hearing about the science and the philosophy behind the use of creative activities in dementia care. Even more, I loved hearing from people with dementia who are uninhibited with their imagination and honest emotion. Here is an example of one activity.

Timeslips.

This process gives people with dementia the role of 'storyteller' at a time when most of their social roles have been lost through Alzheimer's disease or other dementia related illness. At a day centre in Milwaukee, I sit with a group that created a story from a picture, with experienced staff facilitating and writing up the older people's words and ideas.

'What is going on here?' asks the facilitator, handing everyone a copy of the same picture. Good question, I think, as I look closely at the black and white picture of a 1950s French Gendarme talking to two small boys dressed as aliens, yes aliens, each pointing a water pistol at the Gendarme while he writes something in his notebook. I turn to Robert sitting next to me, he is mystified as he looks at the picture, so am I.

'What is going on in this picture?' repeats the facilitator. Every word gets written up as the responses get shouted out by members of the group. There is real skill in managing the reactions from every individual in the group, especially when there are conflicting views.

'What are the ages of the two boys in the picture?'

'About nine.' says one person.

'Seventy two.' says another.

The facilitator puts every word on the flip chart, with frequent recaps so that everyone is kept up to date as the story develops like this:

'The boys are aliens, they are in France. They have come to earth to take this French policeman back to Mars as an example of the human species. The aliens have water pistols. All this talk about water makes us want to go to the bathroom.'

Robert, who was depressed and quiet at the start of the session, is really laughing at that, shouting out his comments too.

'They are in France. I met French soldiers when I was in England in 1946.' After about forty five minutes, everybody has made some contribution to the story, their words are on the flipchart. Then the facilitator asks 'How do we end this story?'

There is silence for a few minutes, I wonder if the facilitator should intervene, but we rest with the stillness until one man stumbles to find the words, then he says

'They went back to Mars. Sadder but Wiser.'

Perfect ending. Robert is smiling while he and the rest of the group give a round of applause. As I leave the day centre, Robert is dancing a tango with a member of staff, twirling and smiling, transformed from his earlier mood. These stories are shared with relatives, friends and local community through events and publications.

Most of what I learnt can be replicated easily in the UK with little cost (Timeslips training is available on line) but it requires a change of attitude: - a belief in the effectiveness of creative programmes for people with dementia, and a belief that they are capable of learning, creating, contributing. Not once did I see reminiscence or stereotyping of people with dementia as only 'living in the past'. Such a change also requires us to accept the importance of the arts and to believe that we can ALL be creative,

For myself, I learnt to be more adventurous in using a range of writing activities with other artistic media such as paint or puppets. Getting away from traditional 'literary' forms of poetry or story by finding ways of presenting the written word in short, snappy comments and quotes as well as longer pieces. Using short phrases reflects the fragmentary nature of communication with people with dementia who have limited concentration or reduced speech. This bench shows the real spirit behind the people who spoke the words, chose the colours then painted the bench.



Embleton First School

Vincent Edwards school held their Summer Fair in glorious sunshine on Sunday 14th September. We had a fabulous afternoon with tremendous support from the community. Amongst the many attractions were stalls for wood whittling, RNLI, Alnwick Town Girls Football Team, Embleton Girl Guides, Tombola, Bric-a-Brac, Raffle, Cakes and much, much more.



Over £660 was raised for school funds as well as raising the profile of our Save Embleton First School Campaign.

The Save Embleton School T-shirts were a great success and continue to be worn around the village. School would like to thank all the members of the community who attended.



Northumbrian Curriculum for Autumn Term



Children have been learning the national curriculum within the topic of our local landscape and heritage. Social Historian, Avril Huntley, has been teaching the children local poems, songs and dances - teachers have been bringing the pupils' daily studies to life with reference to local places, people & customs.



A very entertaining performance of traditional Northumbrian song & dance was performed for parents on Thursday 8th October.

Children of Embleton First School say a fond farewell to RAF Boulmer Helicopter.

Children from Embleton First School took time out of their usual work to wave a fond farewell to the RAF helicopter who took the time out to fly past the children during a recent trip to Dunstanburgh Beach.



The children then used time back at school to send thank you cards and letters.

Until a few weeks ago, I had never seen a nuthatch in Embleton, but now at least one is a regular visitor to the peanut and black sunflower seed feeders on the bank outside our house. They've probably been in Embleton for ages, but it took my daughter's good eyesight to spot them and point them out to me. Has anyone else seen them here?

Forty years ago, nuthatches were rarely found north of Harrogate, but by the late 1980s they had begun breeding as far north as the Scottish borders and their number is thought to be increasing - one recent report suggests that this year has been their second best breeding season in the last twenty years.



The nuthatch - *Sitta europaea* - is a small colourful bird, steely grey/blue above and pinky buff below with a prominent black eye stripe - almost as if it had gone mad with the eyeliner! It has a longish, dagger like bill and is able to move up and down tree trunks with equal ease, unlike

the tree creeper, which always travels upwards. Nuthatches are usually seen in wooded areas and are said to spend their entire life close to where they hatched. They nest in holes in trees or walls and are the only birds in Britain that plaster the entrance to the nest with mud. They feed mainly on seeds, beech mast and acorns.

At this time of year thousands of geese can be seen flying south to warmer places, but something that has been puzzling me recently is that several skeins of geese seem to be flying northwards instead. A quick google search revealed several expert opinions, all agreeing that the geese really are on their way south, but sometimes land and then move north for a short distance in search of food.

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Notes from the Parish Council – August and September 2015

An extraordinary meeting of the Parish Council (PC) was held during August to agree a response to the Northumberland County Council (NCC) second consultation document in relation to the proposed closure of Embleton First School. In addition to responding to the consultation it was agreed that copies of the response be sent to the Director of Education, Cabinet members, the Diocesan Education Board, selected other parties and the Northumberland Gazette.

The PC noted that in response to their request Northumbria Police had been seen recording vehicle speed through Christon Bank.

There having been two applications to fill the casual vacancy on the PC a secret ballot was held and John Young was declared as winner. Mr Young signed a Declaration of Acceptance of Office.

The PC were told of the progress re ongoing discussions between the PC and NCC /housing contractor to replace the south route plastic bus shelter near the quarry with a stone built shelter to match that on the north route. It is hoped that a contribution by the contractor will cover the costs and that NCC will donate the stone.

The growth in overnight camper van parking at Dunstan Steads and the use of the dunes as toilets was discussed and the opportunity to raise this matter with AONB at the Chairman's meeting was taken. There would appear little that can be done to prevent parking but the AONB agreed to supply an 'Overnight Parking Forbidden' notice to try to discourage it.

Following complaints from parishioners in Dunstan Steads the PC contacted NCC re the dropping of very dirty, smelly waste from the pig farm on the road.

The PC agreed to adopt the Data Protection Policy prepared by the Clerk and received a draft Publication Scheme which will be discussed at the next PC meeting.

The resignation of the Parish Clerk was reluctantly accepted by the PC. It was agreed to search for a temporary Clerk whilst further consideration was given to the way forward,

The next meeting of the Parish Council will be held in the Creighton Memorial Hall on October 26th at 7.30pm.

The A1 in Northumberland

Highways England issued a newsletter in August entitled 'Improving the A1 in Northumberland'

The full document can be seen at www.highways.gov.uk.

Here are some of the points made:-

Why is there a need for improvement?

1. Lack of alternative routes.
2. Inconsistent highway standards.
3. Large number of junctions and private accesses leading to delays and the potential for accidents.
4. Average speeds are lower on the single carriageway stretches of the road.
5. Relatively high number of HGVs and agricultural vehicles.
6. Lack of overtaking opportunities.
7. Slow peak hour traffic.

A feasibility study was carried out resulting in the government announcing a £290 million investment in the A1 in Northumberland.

Proposals

A1 Morpeth to Ellingham

Upgrade to dual carriageway between Morpeth and Ellingham, joining existing dualled sections to provide a dual carriageway from Newcastle to Ellingham.

A1 north of Ellingham

- Provide
1. overtaking lanes
 2. junction enhancement
 3. better crossing facilities for cyclists and pedestrians

Timetable

2015 Commence further development and appraisal work on a range of options to inform consultation with key stakeholders. Initiate traffic and environmental surveys.

2016 Hold public exhibitions and consult on the proposals.

2017 Make recommendations on the preferred route for the A1 Morpeth to Ellingham dualling programme.

2018 Start construction on the A1 North of Ellingham enhancements in advance of the dualling programme.

This was the first time I had been to a concert given by a male voice choir, and I didn't know what to expect. To be really honest I thought it would be very serious and rather boring. How wrong I was!

The concert was held in Holy Trinity Church, Embleton and was a fundraiser in aid of St. Peter's Church Roof Fund, Craster. The audience was made up of people from Rock, Rennington, Newton, Craster and Embleton.

The conductor, Robin Cheer, introduced us to the 50 or so members of the choir and the accompanist, his wife Isabel.

The programme was varied with hymns, spirituals, Sky Boat Song, Imagine by Lennon & McCartney and even Bring me Sunshine from the Morecambe & Wise Show, and a hearty rendition of The Drunken Sailor, in which we all sang along with the choir, and many other lovely pieces. In fact, something for everyone.

During the second part of the programme Robin performed Lullaby of Broadway and Basin Street Blues on the clarinet, both of which were excellent. The concert ended with an American trilogy.

After the programme was over Lt. Col. Michael Craster thanked the choir and musicians for a wonderful performance, with which everyone agreed. He then invited us to help ourselves to refreshments provided by the Craster Church Committee, which we all did willingly.

It was a very enjoyable evening, far from the boring night I thought it might be, and certainly more entertaining than sitting watching repeats of repeats on T.V.

AONB Partnership's 2015 Annual Forum

Registration is now open for the Northumberland Coast AONB Partnership's 2015 Annual Forum, to be held at the Hindmarsh Hall in Alnmouth on Friday 13th November.

Lunch and mid-morning refreshments will be provided. Places cost £10 to cover our costs and are limited, so registration is essential.

northumberland-coast-aonb.eventbrite.com

For more information about the event contact the AONB Partnership on 01670 620306.

Craft Festival

Mary Kibble

As many people will know, the production of the annual Craft Festival has been co-ordinated for many years by Rosalind Malthouse. However, Rosalind now feels it is time to stand down and take a back seat, although she will continue to help out as necessary. The Festival Committee would like to thank Rosalind for all her hard work and guidance over the years, not to mention numerous cups of coffee and biscuits at our meetings! The Festival will continue under the co-ordination of the committee but I'm sure Rosalind's advice will be sought many times. Thank you Rosalind and here's hoping you can take it a bit easier in future.

Fireworks

Jan Ainsley

It's the firework season again - a worrying time for many dogs and their owners. Our little terrier, usually bold and confident, becomes very anxious when he hears fireworks (or thunderstorms).

He can just about cope if we keep him company in the kitchen with the cooker hood and the radio going at full blast and a plentiful supply of sausages to keep his mind off the noise. A few weeks ago, however, we were caught out by a very noisy firework display at the Creighton Hall which began before we could reduce the impact on Archie, who was so anxious that, I think for the first time in his life, he refused a sausage!

Shelagh Coxon has very kindly offered to ask people booking the hall if they are going to set off fireworks so that owners of affected dogs can be warned in advance either by a notice in the Net/WT/on a notice board, or if anyone would find it helpful, by text. Let me know if you'd be interested. (tel 576019).

Embleton's bonfire night and fireworks display this year is on Thursday 5th November at 6pm in the field next to the playpark. Donations to help pay for the fireworks can be made at Moody's Londis.



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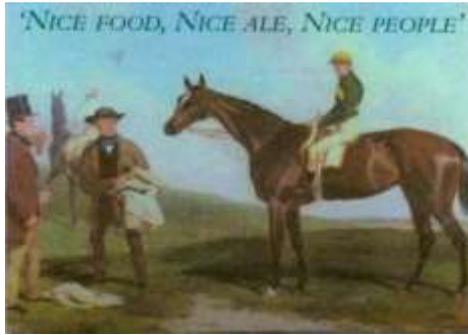
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